

Meeting Military Families Where They Are

A Rural Approach to Behavioral
Healthcare through a Multi-institutional
Program

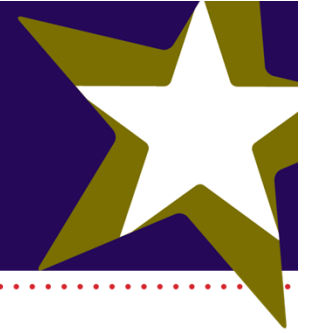


**STAR BEHAVIORAL
HEALTH PROVIDERS®**

Collaborators



Speakers



The Ohio Brain Injury Program



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Director



Brei Miller, MA, ATC
Program Manager

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Overview

- What is SBHP?
- The “Why”
- Program Overview
- Accomplishments to Date

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What is SBHP?



SBHP is a training, dissemination and referral system aimed at expanding access to trained behavioral health providers for service members, veterans and their families.

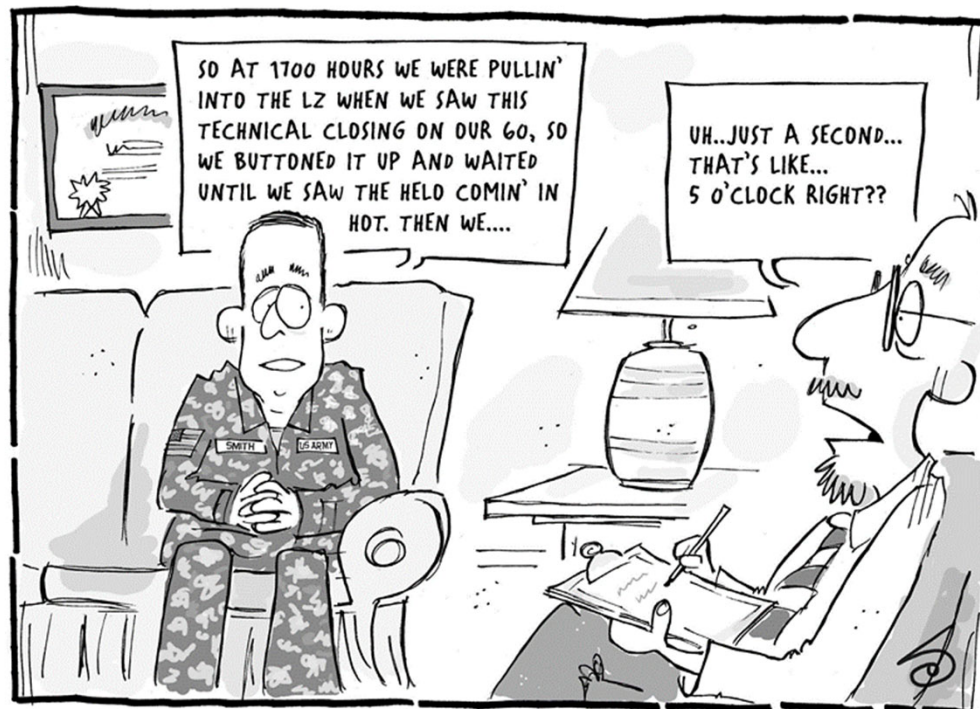
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American
Red Cross



The “Why?”



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The “Why?”

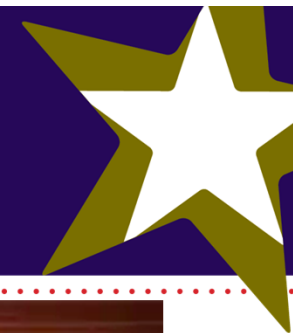
- Military culture is unique₁
Values, customs, selfless duty, codes of conduct, implicit patterns of communication, and obedience to command

1. Olenick M, Flowers M, Diaz VJ. US veterans and their unique issues: enhancing health care professional awareness. *Adv Med Educ Pract.* 2015;6:635-639. Published 2015 Dec 1. doi:10.2147/AMEP.S89479

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Military Culture



○ LCpl Barnes



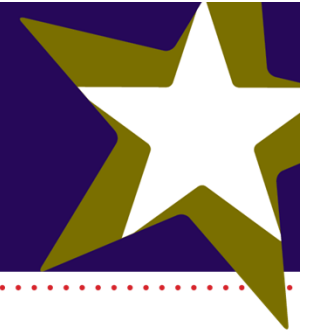
Below the
waterline



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The “Why?”



Unique Health Needs of Patient Population

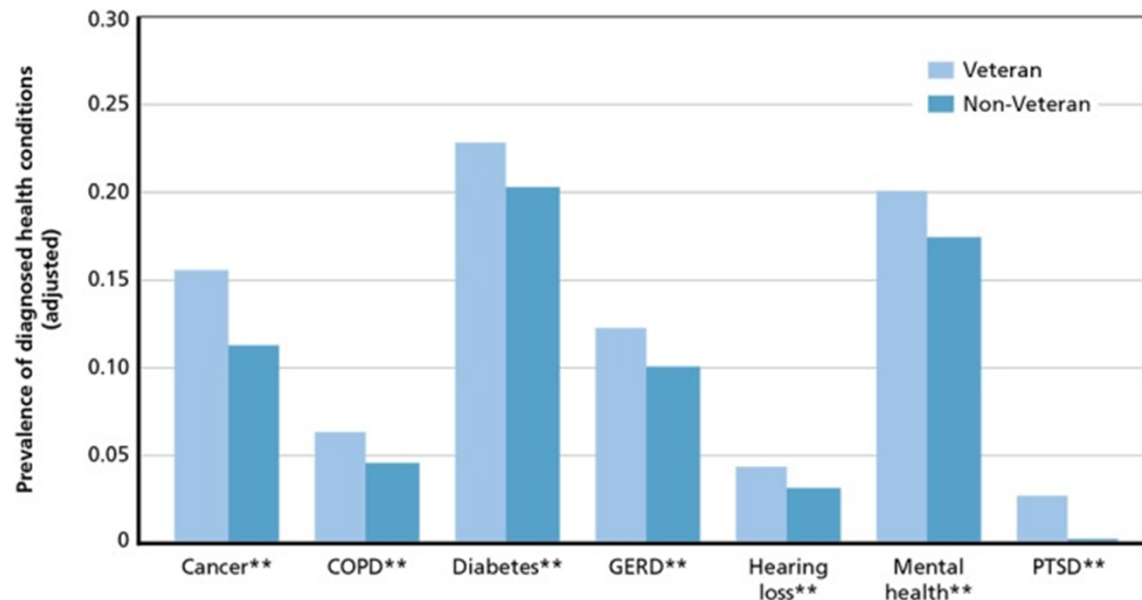
- Nearly 66% of Veterans access their health care entirely in civilian settings₂
- Veterans with a TBI, 89% had a comorbid psychiatric diagnosis – 44% to 54% with PTSD₂
- Increase in prevalence with medical conditions in Veterans

1. Olenick M, Flowers M, Diaz VJ. US veterans and their unique issues: enhancing health care professional awareness. *Adv Med Educ Pract.* 2015;6:635-639. Published 2015 Dec 1. doi:10.2147/AMEP.S89479
2. Armistead-Jehle P, Soble JR, Cooper DB, Belanger HG. 6 Unique Aspects of Traumatic Brain Injury in Military and Veteran Populations. *PHYSICAL MEDICINE AND REHABILITATION CLINICS OF NORTH AMERICA.* 2017;28(2):323+. doi:10.1016/j.pmr.2016.12.008

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The “Why?”



SOURCE: RAND analysis of MEPS, 2006–2012.

NOTES: ** indicates a statistically significant difference between Veterans and non-Veterans at p-value < 0.05. Sample size, non-Veterans = 150,225, and sample size, Veterans = 12,313. Sample sizes may be smaller for some conditions due to missing values. The prevalence rate of each health condition is the predicted prevalence in 2014 for the populations of Veterans and non-Veterans, both with age, sex, race/ethnicity, region, and urbanicity, adjusted to match the demographic composition of Veterans in 2012. Cancer includes any malignancy, and Mental Health includes any mental health condition.

Eibner C, Krull H, Brown KM, et al. Current and Projected Characteristics and Unique Health Care Needs of the Patient Population Served by the Department of Veterans Affairs. *Rand Health Q.* 2016;5(4):13. Published 2016 May 9.

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Ohio Military Demographics

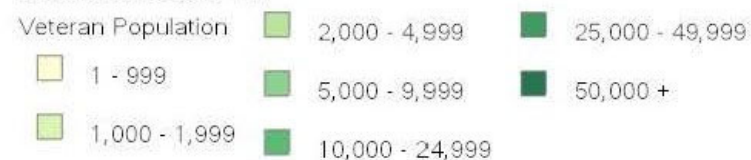
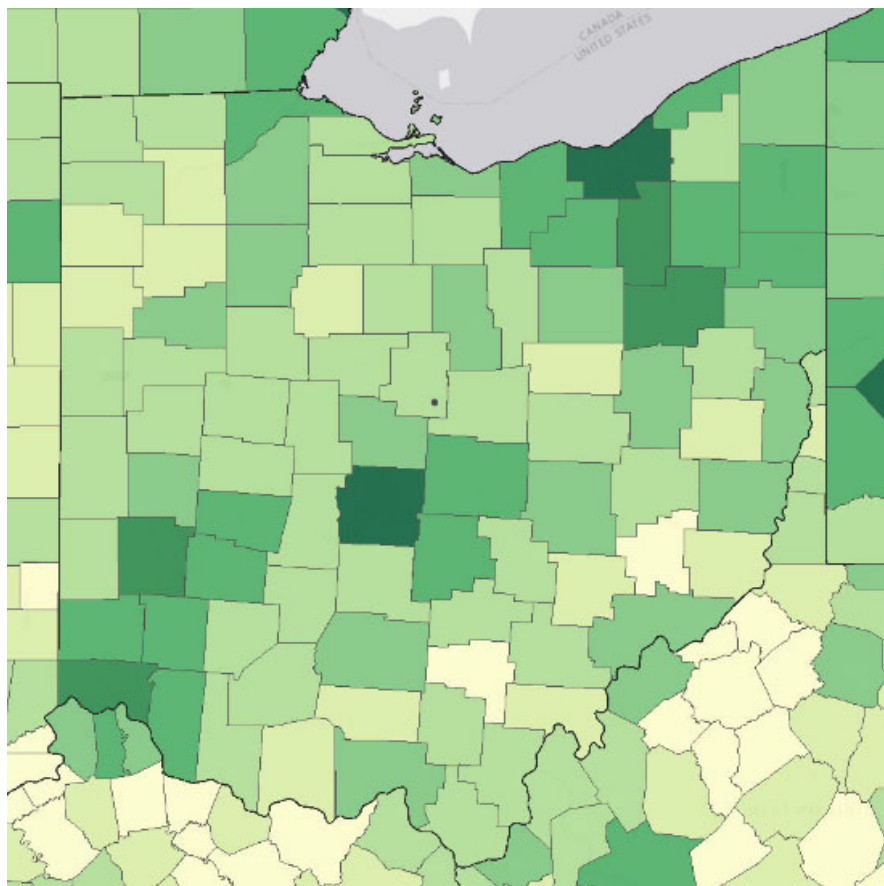
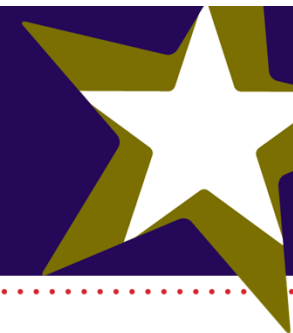
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Ohio Veteran Demographics



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Ohio Veteran Demographics



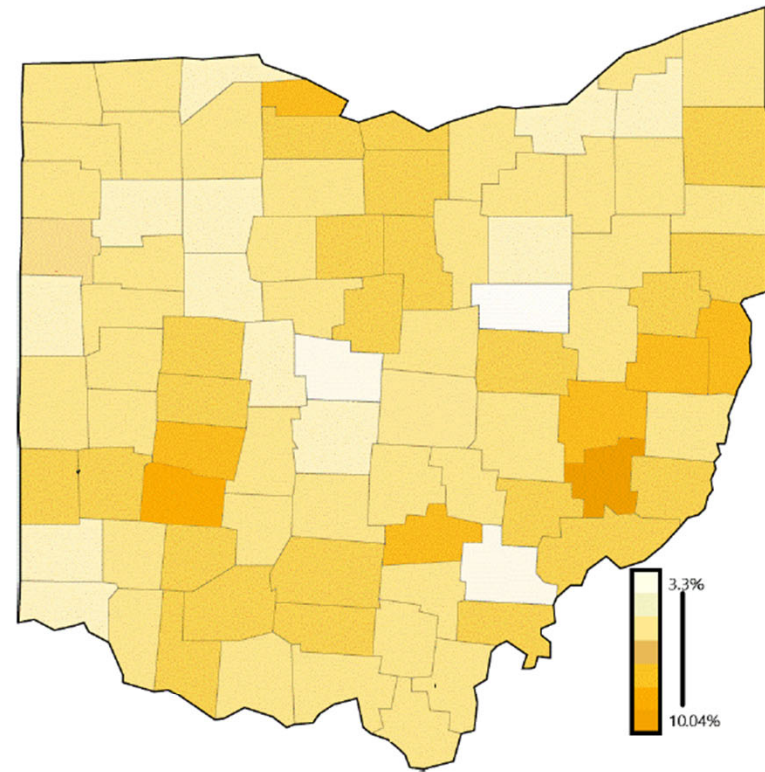
Veteran Population Density by County

Holmes County

3.30%

Noble County

10.04%



**Population was calculated annual estimate of resident population from the United States Census released May 2020 and compared to data of veterans released September 2020

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Ohio Suicide Rates

Per 100,000 people



Suicide Rate

19.1

KEY FACTS:

Ohio continues to be impacted by a significant increase in suicides in the population. From 2010-2019:

15,554 Ohioans died from suicide

2,717 Ohio Veterans died from suicide

The rate of suicide for Veterans increased by **49%**

The rate of suicide for non-Veteran Ohioans increased by **21%**

Firearms was the method used in **72.5%** of Veteran suicides.

Veteran
Suicide Rate

44.7

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Star Behavioral Health Program Overview

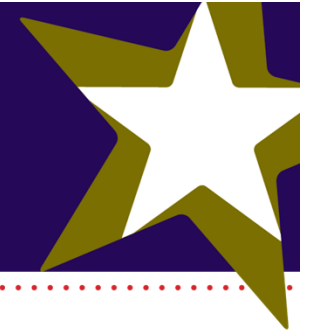
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Creating The Program



In 2010, state, federal and university entities worked to create SBHP in Indiana.

Founded by

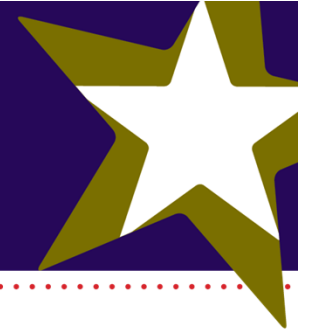
- Military Family Research Institute at Purdue University (MFRI)
- Center for Deployment Psychology (CDP)
- Indiana National Guard Psychological Health

With additional support of: Indiana Family and Social Services Administration

Collaborators



Original Collaborators

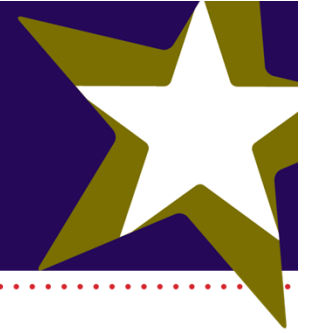


- Indiana National Guard (*INNG*),
- National Guard Bureau, Psychological Health Program (*PHP*),
- Military Family Research Institute (*MFRI*),
- Indiana Family and Social Services Administration (*FSSA*),
- Center for Deployment Psychology (*CDP*)

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Ohio SBHP Collaborators

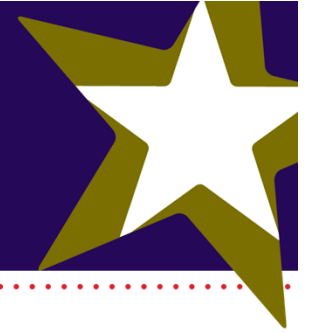


- Ohio National Guard
- Ohio Department of Veterans Services
- Ohio Mental Health and Addiction Services
- The Ohio State University - Ohio Brain Injury Program
- American Red Cross
- OhioCares
- Ohio Suicide Prevention Foundation

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Goals of SBHP

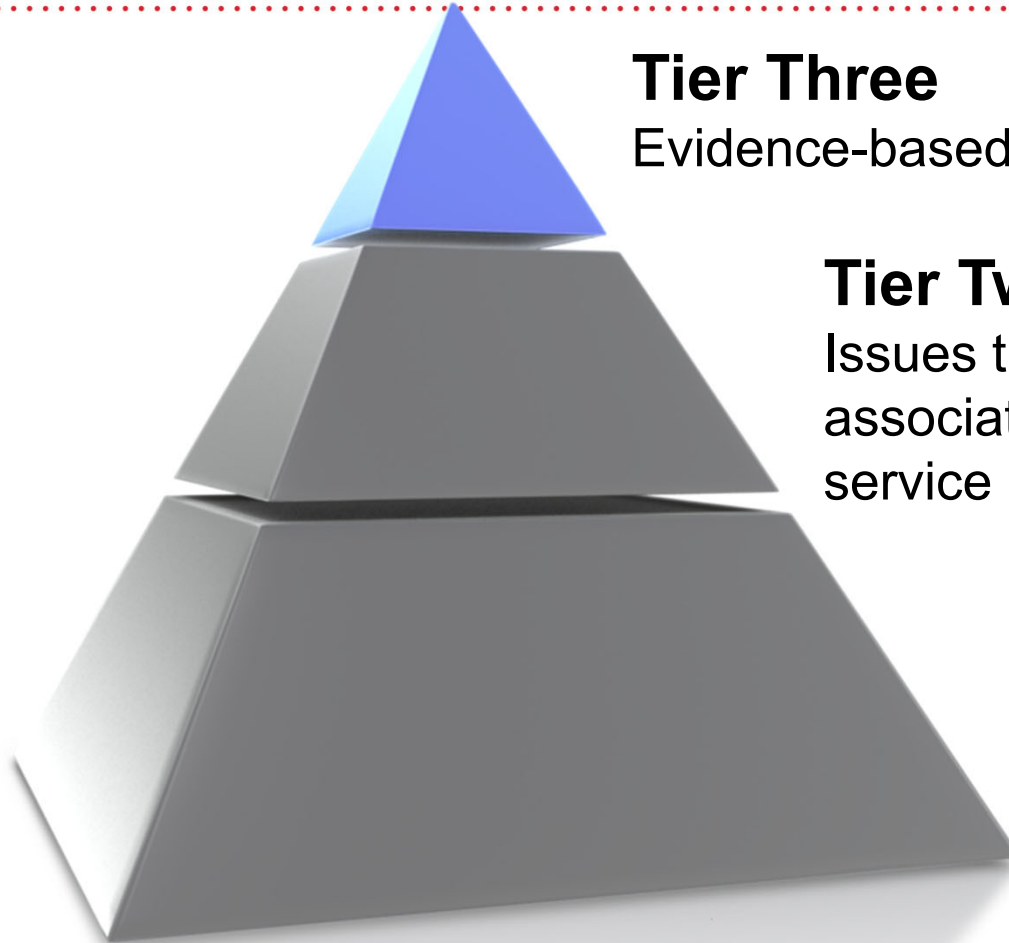


- Facilitate the link between providers who wish to work with service members and service members looking for help.
- Assist in restoring, sustaining and enhancing the behavioral health readiness of the military community.
- Evaluate the impact of training civilian clinicians as well as the referral system for service members, veterans and their families.

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Program Tiers



Tier Three

Evidence-based psychotherapies

Tier Two

Issues that are commonly associated with military service

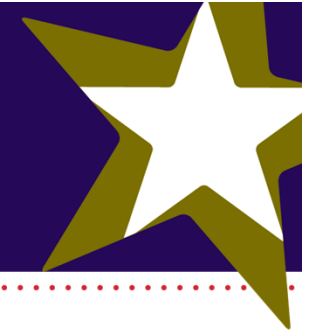
Tier One

Military culture & the deployment cycle

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Tier One (1 Day)



Training is open to professionals and community members interested in learning more about working with service members, veterans and their families.

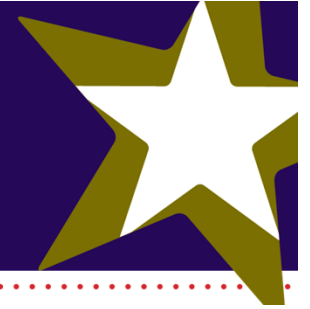
Training Topics

- SBHP Overview
- Military Culture
- Unique Perspective of Military Culture from someone who has served
- Impact of Deployment of Service Members and Families

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Tier Two (2 Days)



Training Topics

- Sleep Disorders
- Identification, Prevention and Treatment of Suicidal Behavior
- Substance Use Problems
- PTSD
- Ethical Considerations
- Traumatic Brain Injury
- Military Families

Participants need to have completed Tier One. Professionals working in the behavioral health, medical, social services, or clergy fields benefit from this training.

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Tier Three (1 and 2 Days)

TWO DAYS OF TRAINING PER TOPIC

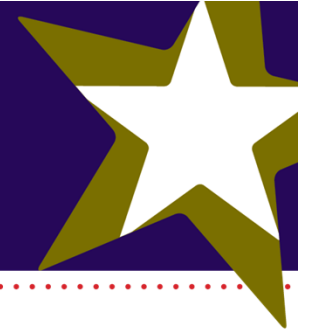
- Cognitive Processing Therapy for PTSD
- Prolonged Exposure Therapy for PTSD
- Cognitive Behavioral Therapy for Insomnia
- Cognitive Behavioral Therapy for Depression
- Suicidal Ideation in the US Military

Participants must have completed both Tiers One and Two and be accepted into the registry to attend!

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Registry



Eligibility Requirements

- Minimum of master's prepared & licensed in approved behavioral health field
- Tier One completion
- Acceptance of new clients
- Desire to treat service members, veterans & their families
- Complete online application
- Show proof of:
 - Licensure
 - Malpractice insurance

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Ohio SBHP Accomplishments

**Providers in the
SBHP Registry**
261

Trainings
Tier One 38
Tier Two 14
Tier Three 11

Attendees
Tier One 1,829
Tier Two 851
Tier Three 520



Updated 6/2021

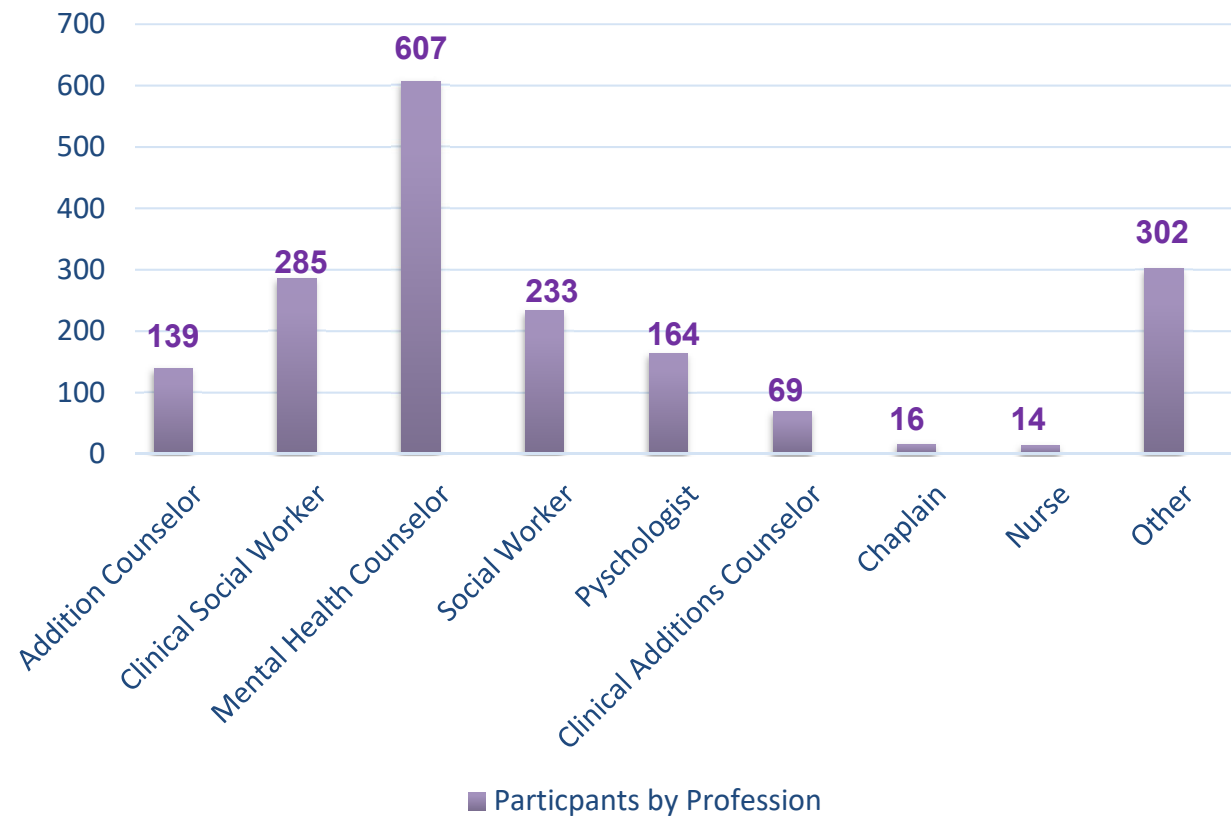
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THE OHIO STATE
UNIVERSITY
WEAVER MEDICAL CENTER



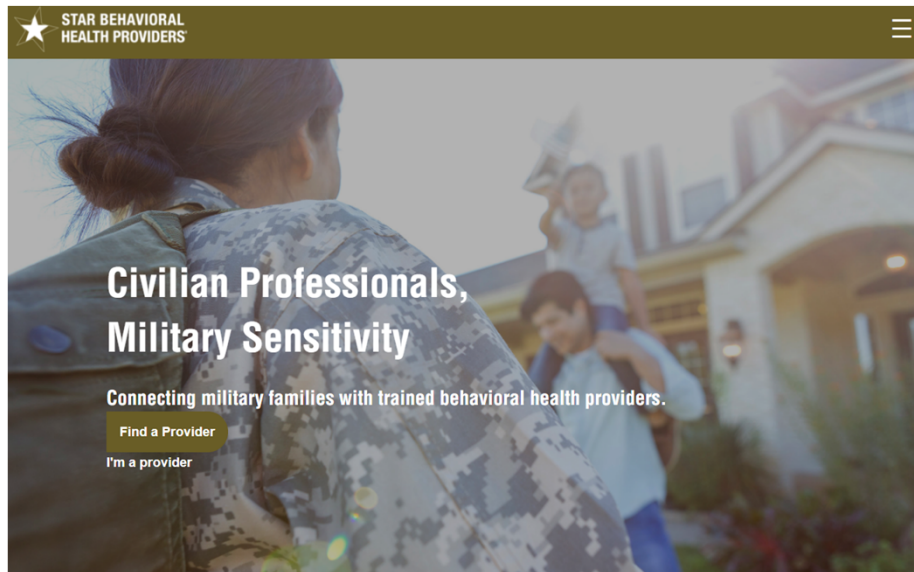
Participants by Profession



Collaborators



Where to Find Us



SBHP Website

www.starproviders.org

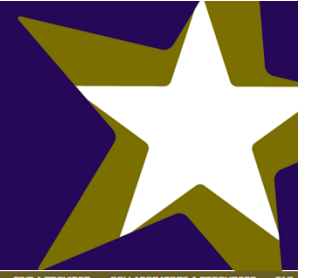
The Ohio Valley Center for Brain Injury Prevention and Rehabilitation

<https://wexnermedical.osu.edu/neurological-institute/departments-and-centers/research-centers/ohio-valley-center-for-brain-injury-prevention-and-rehabilitation>

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Resource Page



[HOME](#) [I'M A PROVIDER](#) [WHAT WE DO](#) [FIND A PROVIDER](#) [COLLABORATORS & RESOURCES](#) [FAQ](#)

Collaborators & Resources

Select a state below to view your state's SBHP collaborators and resources.

Ohio

Ohio Collaborators

- Ohio National Guard
- Ohio Department of Veterans Services
- Ohio Department of Mental Health and Addiction Services
- The Ohio State University
- American Red Cross
- OhioCares
- Military Family Research Institute
- The Center for Deployment Psychology
- Ohio Suicide Foundation

Ohio Resources

- ONG
- ODVS
- OhioMHAS

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Questions?



Any additional questions comments,
please email brei.miller@osumc.edu

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